

# Quellennachweis

## Social Resilience Survey

### Beziehungsstatus:

1. Robles TF, Kiecolt-Glaser JK. The physiology of marriage: pathways to health. *Physiol Behav.* 2003 Aug; 79(3):409-16. doi: 10.1016/s0031-9384(03)00160-4. PMID: 12954435.
2. Kiecolt-Glaser, J. K., Glaser, R., Cacioppo, J. T., & Malarkey, W. B. (1998). Marital stress: immunologic, neuroendocrine, and autonomic correlates. *Annals of the New York Academy of Sciences*, 840, 656–663. <https://doi.org/10.1111/j.1749-6632.1998.tb09604.x>
3. Kiecolt-Glaser, J. K., Loving, T. J., Stowell, J. R., Malarkey, W. B., Lemeshow, S., Dickinson, S. L., & Glaser, R. (2005). Hostile marital interactions, proinflammatory cytokine production, and wound healing. *Archives of general psychiatry*, 62(12), 1377–1384. <https://doi.org/10.1001/archpsyc.62.12.1377>

### Familien-Resilience:

1. George R. Parkerson, J. Lloyd Michener, Lawrence R. Wu, James N. Finch, Lawrence H. Muhlbaier, Kathryn Magruder-Habib, Joseph W. Kertesz, Nancy Clapp-Channing, Diana S. Morrow, Anthony L.-T. Chen, Elizabeth Jokerst, Associations among family support, family stress, and personal functional health status, *Journal of Clinical Epidemiology*, Volume 42, Issue 3, 1989, Pages 217-229, [https://doi.org/10.1016/0895-4356\(89\)90058-9](https://doi.org/10.1016/0895-4356(89)90058-9)
2. Yang Claire Yang, Kristen Schorpp, Kathleen Mullan Harris, Social support, social strain and inflammation: Evidence from a national longitudinal study of U.S. adults, *Social Science & Medicine*, Volume 107, 2014, Pages 124-135, <https://doi.org/10.1016/j.socscimed.2014.02.013>
- 3.

### Beziehungs-Resilienz:

1. Berry, J. W., & Worthington Jr, E. L. (2001). Forgivingness, relationship quality, stress while imagining relationship events, and physical and mental health. *Journal of counseling psychology*, 48(4), 447.
2. Leach, L.S., Butterworth, P., Olesen, S.C. *et al.* Relationship quality and levels of depression and anxiety in a large population-based survey. *Soc Psychiatry Psychiatr Epidemiol* **48**, 417–425 (2013). <https://doi.org/10.1007/s00127-012-0559-9>
3. Gove, W. R., Hughes, M., & Style, C. B. (1983). Does marriage have positive effects on the psychological well-being of the individual?. *Journal of health and social behavior*, 122-131; <https://doi.org/10.2307/2136639>
4. Holt-Lunstad J, Smith TB, Baker M, Harris T, Stephenson D. Loneliness and Social Isolation as Risk Factors for Mortality: A Meta-Analytic Review. *Perspectives on Psychological Science*. 2015;10(2):227-237. doi:10.1177/1745691614568352

### Freundschafts-Resilienz:

1. Graber, R., Turner, R., & Madill, A. (2016). Best friends and better coping: Facilitating psychological resilience through boys' and girls' closest friendships. *British Journal of Psychology*, 107(2), 338-358. <https://doi.org/10.1111/bjop.12135>

2. van Harmelen, AL., Blakemore, S.J., Goodyer, I.M. *et al.* The Interplay Between Adolescent Friendship Quality and Resilient Functioning Following Childhood and Adolescent Adversity. *ADV RES SCI* **2**, 37–50 (2021). <https://doi.org/10.1007/s42844-020-00027-1>
3. Van Harmelen, A. L., Kievit, R. A., Ioannidis, K., Neufeld, S., Jones, P. B., Bullmore, E., ... & NSPN Consortium. (2017). Adolescent friendships predict later resilient functioning across psychosocial domains in a healthy community cohort. *Psychological Medicine*, *47*(13), 2312-2322.

### **Freizeitaktivität und Hobbys:**

1. Craig A. Talmage, David W. Coon, Brittany N. Dugger, Richard C. Knopf, Kathy A. O'Connor & Sharon A. Schofield (2020) Social Leisure Activity, Physical Activity, and Valuation of Life: Findings from a Longevity Study, *Activities, Adaptation & Aging*, 44:1, 61-84, DOI: [10.1080/01924788.2019.1581026](https://doi.org/10.1080/01924788.2019.1581026)
2. Araújo, L., Teixeira, L., Ribeiro, O., & Paul, C. (2021). Social Participation, Occupational Activities and Quality of Life in Older Europeans: A Focus on the Oldest Old. In *Handbook of Active Ageing and Quality of Life* (pp. 537-547). Springer, Cham.

### **Berufliche Resilienz:**

1. Cooke, R. A., & Rousseau, D. M. (1984). Stress and strain from family roles and work-role expectations. *Journal of Applied Psychology*, *69*(2), 252–260. <https://doi.org/10.1037/0021-9010.69.2.252>
2. Meseguer-de-Pedro, M. , García-Izquierdo, M. , Fernández-Valera, M. M. , and Soler-Sánchez, M. I. (2019). The role of Resilience between Workplace Bullying and Health: A Mediation Analysis. *Journal of Work and Organizational Psychology*, *35*, 177 - 182. <https://doi.org/10.5093/jwop2019a16>
3. Fisher, S., Gillanders, D. and Ferreira, N. (2022), The experiences of palliative care professionals and their responses to work-related stress: A qualitative study. *Br J Health Psychol*, *27*: 605-622. <https://doi.org/10.1111/bjhp.12565>
4. Patzelt, A. (2015). Resilienz und Stressmanagement. Eine Untersuchung des Einflussfaktors Resilienz auf die Stressbewältigung am Arbeitsplatz.

### **Soziale Resilienz:**

1. Wouter Poortinga, Community resilience and health: The role of bonding, bridging, and linking aspects of social capital, *Health & Place*, Volume 18, Issue 2, 2012, 286-295, ISSN 1353-8292, <https://doi.org/10.1016/j.healthplace.2011.09.017>.
2. Karima Kourtit, Peter Nijkamp, Umut Türk, Mia Wahlstrom, City love and neighbourhood resilience in the urban fabric: A microcosmic urbanometric analysis of Rotterdam, *Journal of Urban Management*, 2022, <https://doi.org/10.1016/j.jum.2022.04.004>.
3. Araújo, Lia & Teixeira, Laetitia & Ribeiro, Oscar & Paúl, Constança. (2021). Social participation, occupational activities and quality of life in older Europeans: A focus on the oldest old. [10.1007/978-3-030-58031-5\\_32](https://doi.org/10.1007/978-3-030-58031-5_32).

**Kulturelle Zufriedenheit:**

1. Gil, A.G., Vega, W.A. and Dimas, J.M. (1994), Acculturative stress and personal adjustment among hispanic adolescent boys. *J. Community Psychol.*, 22: 43-54. [https://doi.org/10.1002/1520-6629\(199401\)22:1<43::AID-JCOP2290220106>3.0.CO;2-T](https://doi.org/10.1002/1520-6629(199401)22:1<43::AID-JCOP2290220106>3.0.CO;2-T)
2. Margarita Alegría, Ph.D., Glorisa Canino, Ph.D., Patrick E. Shrout, Ph.D., Meghan Woo, M.S., Naihua Duan, Ph.D., Doryliz Vila, M.S., Maria Torres, M.A., L.M.H.C., Chih-nan Chen, M.S., and Xiao-Li Meng, Ph.D., Prevalence of Mental Illness in Immigrant and Non-Immigrant U.S. Latino Groups, *American Journal of Psychiatry* 2008 165:3, 359-369 Prevalence of Mental Illness in Immigrant and Non-Immigrant U.S. Latino Groups
3. Kupfer, A., & Gamper, M. (2020). Migration als gesundheitliche Ungleichheitsdimension? Natio-ethno-kulturelle Zugehörigkeit, Gesundheit und soziale Netzwerke. In *Soziale Netzwerke und gesundheitliche Ungleichheiten* (pp. 369-397). Springer VS, Wiesbaden.

**Einkommenssituation:**

1. Gaffney AW, Himmelstein DU, Christiani DC, Woolhandler S.; Sozioökonomische Ungleichheit bei der Atemwegsgesundheit in den USA Von 1959 bis 2018. *JAMA Intern Med.* 2021;181(7):968–976. doi:10.1001/jamainternmed.2021.2441
2. Kroh, M., Neiss, H., Kroll, L., & Lampert, T. (2012). Menschen mit hohem Einkommen leben länger. *DIW Wochenbericht*, 79(38), 3-15. doi: <http://hdl.handle.net/10419/67582>
3. Pickett, K. E., & Wilkinson, R. G. (2015). Income inequality and health: a causal review. *Social science & medicine*, 128, 316-326. <https://doi.org/10.1016/j.socscimed.2014.12.031>
4. IKawachi I, Kennedy BP. Income inequality and health: pathways and mechanisms. *Health Serv Res.* 1999;34(1 Pt 2):215-227